LUXMODE
AESTHETICS & WELLNESS

How to prepare for your LuxMode appointment

Day Before Your Appointment

General Intake Forms

All new clients must complete required intake form(s) prior to their appointment. The link can be found in your confirmation email.

If you are unable to locate it, please log into your Jane Patient Portal:
https://jane.app/sign-in

Payment Information

- Appointment deposits must be secured prior to your visit.
- Full payment is required before services are rendered.
- If utilizing financing, please complete your application in advance to avoid delays.
- If paying by debit or credit card, we recommend notifying your bank ahead of time (especially when traveling or for larger transactions) to prevent payment declines.

Treatment Guide

Please review your treatment guide prior to your appointment to ensure optimal results and understanding of both pre- and post-care instructions:
https://www.theluxmode.com/treatmentguide

Feeling Unwell?

For your safety and optimal treatment outcomes, clients who are feeling unwell or experiencing signs of infection (including fever, chills, or cold/flu-like symptoms) must contact our office prior to their appointment.

Treatment suitability will be assessed, and rescheduling may be required when clinically appropriate.

For the safety of our patients and staff, please do not bring unwell guests, including children, into the clinic.

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Medical Considerations & Clearance Requirements

Please ensure all medications and supplements are accurately listed on your intake form. Unless otherwise directed by your provider and if medically appropriate:

- Avoid anti-inflammatory medications (Advil, Ibuprofen, Aspirin) for 7 days prior, as they may increase bruising risk
- Avoid supplements that may increase bleeding or bruising, including: Fish oil, Vitamin E, Ginkgo, Ginseng, Garlic supplements, and Turmeric
- Continue all prescribed medications as directed by your physician

Lifestyle Guidelines

- Smoking & Vaping: Avoid for at least 24 hours prior
- Makeup: Arrive with a clean, makeup-free face
- Exercise: Avoid strenuous activity within 6 hours prior
- Hair: Trim or shave treatment areas the day before (if applicable)
- Antiperspirants: Do not apply deodorant 24 hours prior if being treated for hyperhidrosis

Active Infections & Antibiotic Use

Clients with any active infection (including skin, dental, or systemic infections) or those currently taking antibiotics must notify our office prior to their appointment. Treatment may be postponed until full resolution to minimize complications and ensure optimal healing.

Autoimmune Conditions

Clients with a history of autoimmune disorders must obtain medical clearance from their primary care provider or specialist prior to treatment. Treatment may be deferred if deemed clinically inappropriate to ensure safety.

History of Cold Sores (HSV-1)

If you have a history of cold sores (HSV-1), particularly when treating the lips or perioral area, prophylactic antiviral therapy is strongly recommended.

This may include medications such as Valacyclovir (Valtrex®) or Acyclovir, initiated prior to treatment and continued as directed to reduce the risk of reactivation.

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Appointment Day

Parking

A private parking lot is available at the rear of the building for your convenience.

Entry from the rear is considered the Lower Level. Please proceed via stairs or elevator to Level 1.

Arrival Time

Please arrive 15 minutes early to allow time for check-in and preparation.

Ensure all forms are completed prior to arrival and bring a valid government-issued ID (Driver's License or Passport).

Upon Arrival

- The waiting area is located in Suite 102 (Vivre Suites)
- Please note: Suite 100 is not the entry door
- Kindly check in and remain seated until escorted by a team member

Food & Alcohol

- No food consumption is permitted inside the clinic
- Avoid alcohol for at least 24 hours prior to your appointment

Guests, Children & Pets

- Only one guest per client is permitted
- Guests may not be allowed in treatment rooms due to space and safety considerations
- Children and pets are not permitted
- Certified service animals are always welcome

Photos & Recording Policy

For privacy, safety, and compliance reasons, photos and video recording are strictly prohibited during treatment procedures.

Elevate Your Glow — Naturally, Effortlessly, Expertly

Have questions?

Contact Us